

Dear Families,

To help ensure the health and safety of all our students, Gardner-Dickinson School will remain a peanut and tree nut free school due to the serious allergic reactions many children experience.

Please DO NOT send food in with your children that contains any of the following:

- Almond
- Beechnut
- Brazil nut
- Bush nut
- Butternut
- Cashew
- Chestnut
- Coconut
- Filbert
- Ginko nut
- Granola
- Hazelnut
- Hickory nut
- Lichee nut
- Macadamia nut
- Nangai nut
- **Peanut**
- Pecan
- Pine Nut
- Pistachio
- Shea nut



Again, we apologize for any inconvenience but food allergies are a serious and potentially life-threatening medical condition. One in 13 children in the United States has a food allergy. Every three minutes, a food allergy reaction sends someone to the emergency room in the United States. Please help us maintain a positive school environment for our students where they feel safe.

If your child has a food-related allergy or sensitivity, please inform the School Health Office by calling 518-283-4600 ext. 3. We are happy to answer any questions you have.

Thank you for understanding.

Tricia Gibbs RN School Nurse